

University accreditation pathway

1. Complete days 1 and 2 of the PITstop course, and day 3 two months later.
2. Find an assessor to work with you after completing day 2.
3. Complete audits to help focus patient recall for proactive management:
 - taking two or more oral agents with an HbA1c > 58mmol/mol 7.5%
 - creatinine > 180mmol/l or eGFR < 30 on Metformin
 - on GLP-1 receptor agonist with HbA1c > 58mmol/mol 7.5%
 - on insulin with HbA1c > 58mmol/mol 7.5%.
1. Work through the self-assessment section of the PITstop competency assessment (Page 131-34) and identify any gaps in your competencies.
Students who are new to insulin and/or GLP-1 initiation please refer to the 'Clinical target log' on page 139. Not for submission.
5. Discuss with your assessor a plan of action to help complete your competency assessment.
Please share the assessor's handout on page 137.
6. Ideally over 9 months (maximum 12 months):
 - complete the competency assessment (download a word version www.pitstopdiabetes.co.uk)
 - use 'The assessor's log' on page 138 to record comments from your assessor
 - it is recommended that you maintain a record of patients you initiate on insulin and GLP-1 therapy, including audit data at baseline, 3 months and 6 months. Refer to 'Recording clinical activity' on page 139. This is a recommendation only, not required for submission.

If you identify gaps in your competency assessment but are struggling to find the required insulin and GLP-1 starts, you can complete one or both virtual case studies on the members resource page at www.pitstopdiabetes.co.uk.

Other ways to achieve the competencies:

- being observed in the clinical setting (including video with patient consent)
 - case study discussions
 - reflective practice (writing and discussion)
 - observing other healthcare professionals
 - exploring literature and guidelines
 - role play
 - participating in clinical supervision where diabetes management is included.
7. Complete a 1,500-word reflective report based on one of your insulin or GLP-1 therapy initiations (+/- 10%). Please refer to page 135 'A guide to writing you reflective report'.
 8. Within 12 months: Your competency assessment and reflective report must be with the national PITstop team 12 months after starting the course (date of day 1 of your course).

How to submit your work:

Your completed competency assessment needs to be signed by your assessor. You can use the interactive word document or all handwritten pages must be scanned and saved as one pdf document and emailed. Your reflective report must be sent as a word document. The reference list and appendix must be included with the reflective report and not as a separate document. Unless advised otherwise, please submit to Anne Goodchild, national PITstop lead: anne.goodchild@pitstopdiabetes.co.uk.

10. National PITstop team to submit to Greenwich University for moderation.
11. Greenwich University will feed back to the national PITstop team who will inform the student and issue a certificate.